

*Every organisation is integrating AI into how they build software.
None of them have a methodology for it.*

Waterfall tried and froze too early. Agile stopped trying altogether — and built an entire industry around managing the consequences: sprints, ceremonies, rework cycles, and bug triage meetings that nobody questions because everyone assumes they are inevitable.

They are not.

Adaptive Flow Delivery starts from a different premise. What if you could genuinely understand a problem before building the solution — not by freezing requirements into a document that gathers dust, but by making analysis living, collaborative, and AI-augmented? What if the 25–40% of build effort your teams spend on rework simply disappeared?

This is **Woven Intelligence** — AI threaded into every phase as a structural participant, not bolted on as an accelerator for broken processes. And it produces the **Analysis Dividend** — a compounding return where every hour invested in understanding pays back in two currencies: knowledge that prevents defects, and capacity that delivers more projects from the same team.

The first methodology designed from the ground up for the AI era. Seven phases. Six Confidence Gates. One principle: resolve uncertainty through analysis, then build the right thing once, with confidence.

Inside, you will discover:

- ◆ **The Analysis Dividend** — every hour invested in understanding returns multiples in reduced rework, fewer defects, and freed capacity across your entire portfolio
- ◆ **The Staffing Wave** — the variable team model that delivered a worked example in 28 person-months versus 120 under traditional Agile
- ◆ **Confidence Gates** — phase transitions that check understanding, not documents
- ◆ **Woven Intelligence** — AI integrated into every phase as a structural participant, not bolted on as an afterthought
- ◆ **Six persona chapters** — tailored guidance for CEOs, CIOs, Portfolio Managers, Project Managers, Solution Architects, and Business Analysts
- ◆ **Complete practitioner toolkit** — 27 templates, 66 gate checklist items, a financial calculator, and governance mappings to PRINCE2, ITIL, and TOGAF

Christopher J. Wilkinson

Methodology designer and enterprise delivery specialist based in Antwerp, Belgium. Career spanning banking, manufacturing, logistics, telecoms, and government organisations across Europe.



Adaptive Flow Delivery

C.J. WILKINSON

AFD INSTITUTE

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Analysis-First Delivery for the AI Era



CHRISTOPHER J. WILKINSON

AFD Institute

